By Mirrab Riben

Opt-Out letters were sent out to township residents who were JCP&L customers during the month of December. All residents using JCP&L will automatically be enrolled into the program unless they affirmatively opt-out by January 9, 2014. If you do not use a third party energy supplier and you did not get your Opt-Out letter, call the township and inquire why not. It is important whether you want to be in on the aggregate pricing program or not. If you want OUT, you must file an "opt-out." If you want in, you want to be sure you are included, especially if you were using a third party supplier for electricity. The opt-in deadline for residents whose electricity is supplied by third party suppliers is January 9, 2014.

Third Party ‘Opt’ Info

Residents currently having a third-party electric provider will have a chance to "opt-in" to the new program. For complete information to request enrollment contact Con Edison Solutions at (855) 894-9794. Residents should also find out if they would be penalized for canceling their current supplier. Two articles concerning this subject appear on Page 1 by Mirrab Riben and Page 11, Mayor Pucci’s column.

Township Bulk Electricity Pricing Update: New Program Offers Savings

By Vivian Mardenfield

In 2013, the Concordia Homeowners Association acquired and installed generators in the Clubhouse and Guard House to be used in the event of an emergency loss of power. In addition, landlines were also installed in the Clubhouse and Guard House to ensure that residents could reach Security and Management in an emergency. In order to guarantee that our efforts are effective, a coordinated, inclusive approach requires that key personnel are identified and trained to respond to the emergency. This is the purpose of our Emergency Response Team. (Continued on page 12)

Emergency Response Team Named

Gloria Hamby - from Afghanistan to Concordia

By Frances Greenblatt

The year was 1979. The Russians had just invaded Afghanistan and lives were in danger. Gloria Hamby’s father was a General and her grandfather was a Major in Afghanistan, part of the ruling family. Her older brother was killed, another put in jail where he was tortured before being released. He then went to Pakistan, then to America. Gloria’s husband was the general manager for Ariana Air lines, thus she had access to a first class airline (Continued on page 15)

Gloria Hamby

(Continued on page 15)

Jersey Girl Takes Concordia in a Flash

By Mirrab Riben

Unlike many neighbors here in Concordia, Ray Kaufman does not call Brooklyn, or even New York her “home.” She was born and lived in the Weequahic section of Newark, N.J. for the first 12 years of her life, moving to Woodbridge Township at the age of 13 and finally relocating to Monroe from West Orange. She graduated from Woodbridge High School and Glassboro State College.

(Continued on page 12)

Ray Kaufman

(Continued on page 12)
By Eileen Well, CAC

The excitement of seeing a "Live Concert" by the Three Tenors radiated inside the Re- gency Room. The new table style of long vs. round worked out well. Everyone could see the big screen without turning their chairs. The burgundy tablecloths and balloons on stage added to the regality of this event. As the lights dimmed, we were treated to the beautiful voices of Jose Carreras, Placido Domingo and Juan Pavarotti.

There was a full orchestra and an unbelievable chorus of young boys and girls (probably ages 8 to 14) which added to the brilliance of these masters.


Here we were mesmer- ized, sitting in a "full house concert in Italy" enjoying the songs and harmonies. It was over too soon. The lights came up, the orchestra and singers took a bow and waved goodbye.

We were served delicious turron, churros, blueberry coffee and tea. The conversation flowed - the evening delightful and the price right.

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**Auditorium Show Ticket Sales**

If still available, you may always purchase auditorium tickets the same day of the show.

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**Super Bowl Sunday Party requires 100 reservations**

Enjoy watching your favor- ite teams on the big screen in the Regency Room on Sunday, February 2, at 5:30pm. Have a fun evening with your friends and cheer your team to victory.

We will be serving 3-foot hero sandwiches, choose from American (ham, lou- key, provolone), grilled chicken, mozzarella, roasted peppers, Italian (capicola, genoa salami, provolone) or grilled egg- plant, mozzarella, roasted peppers. Family style sal- ad will be on your table, coleslaw, potato and maca- roni, along with pickles. Soft drinks and coffee and tea with cookies for dessert will be served. (sugar-free dessert must be requested) Bring your own munchies if you choose. The price is $22.50 per person Tell the Concierge your food choice of hero sandwiches when you sign up. We need 100 people signed up before January 12 to have this function. We do not want to wait till the last minute to sign up. Also there will be a 2 day cancellation of the function if the weather should bad weather be predicted. Sign up with the concierge.

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**January Chinese Buffet and Movie "The Heat"**

Spend a cold wintry eve- ning in the warmth of the Re- gency Room with fellow Con- cordians on Saturday, Janu- ary 18 at 5:30pm. (Doors open at 5pm) Enjoy "The Heat" starring Sandra Bullock, Melissa McCarthy, Ben Falcone and Taran Kil- lan. This is a gritty and exci- ting movie in this action. In this movie Sandra Bullock heads the cast as by-the- book FBI agent Katerina Valensky. Sandra Bullock forms unlike alliance with un- conventional street cop Jon油价. They go down a Russian gangster.

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**February Culture Culture "The Great Escape" Tuesday, February 25 at 7:30pm 1963 - 172 min PG Rated**

Based on a true story, this tension-filled epic adventure centers on an audacious plan by Allied officers who’ve escaped their Nazi captors and are on the run. They stage a massive breakout, this time from an ostensibly escape- proof German prison camp. It stars Steve McQueen and James Garner. Sign up with the Concierge.

**March Movie Night Stars “Bette Midler: The Showgirl Must Go On”**

Enjoy an exciting evening with the Divine Miss M on Saturday, March 15 at 7:30pm. Bette Midler returns in this Las Vegas extravaga- ganza taped at Caesars Palace to a packed house. This 70-minute cabaret features an exhilarating tour de force of some of Ms. Midler’s colorful and classic stage characters.

Joining her is an entourage of talented performers includ- ing the Harlettes, 16 dancing dancers she calls the Caesar Salad Girls and a 13-piece band. Bette belts out show stopping renditions of her biggest hits including "The Rose," "Eggie Woogie Bugey Boy," "From a Distance," "Hello in There" and "Wind Beneath My Wings."

Bring your own food if you wish. However, we will be serving delicious cheese- cake, coffee and tea after the movie (sugar free upon re- quest). The cost for this en- tertaining evening is $6 per person. Sign up with the Concierge. *NEW SALE*
**TAI CHI**

A 12-week “Tai Chi class, conducted by Brian Leggiere, a volunteer instructor, will begin January 10 in the Clubhouse. This class is an exercise system that uses slow, smooth body movements to achieve a state of relaxation of both body and mind. Please wear loose, comfortable clothing and sneakers. Do not eat one hour prior to class.

A CHOA consent form must be submitted by the resident along with the lottery form. The free class is open to 30 residents. A $5 refundable registration fee is required. The deadline for applying at the Concierge desk is January 3.

The other class dates are January 17, 24, 31, February 7, 14, 21, 28. The time is 11:30-12:30pm.

**SAINT PETER’S SEMINARS**

**Tuesday, January 14**

@ 1:30pm

“Dining Out: Do’s and Don’ts”

A registered dietitian, Caryn Alter, will be here to discuss “Dining Out: Do’s and Don’ts.” Light refreshments will be served. Sign up with the Concierge.

**Tuesday, Feb. 11, 1:30pm**

“Dentistry and Your General Health”

Dr. Sari Klerer will discuss some problems facing people over 50 years of age and general guidelines for dental care. Light refreshments will be served. Sign up with the Concierge.

**AQUACIZE DAY/EVENING**

Water exercise at the indoor pool. Mon.-Fri. 11-12pm. Spa is not open during this class. Evening Aquacize Tuesdays at 6:30 pm. The indoor pool will be closed on the second and fourth Monday of each month for routine maintenance.

For all Seminar & Culture Corners, PLEASE SIGN UP with the Concierge to assure adequate seating and refreshments. Concordians who have signed up will be checked in at the door after showing their I.D. No guests will be allowed without a $5 fee paid to the Concierge.

The staff of the Concordian extends our heartfelt wishes to our readers, neighbors and friends for the coming year. Happy 2014! A complete list of committee members appears on Page 10 in the publication’s masthead.

**HAPPY NEW YEAR!**

New Year’s is a time to reflect on the year past. It is also a time to set goals for the future, and Edward Jones can help you do just that. We’re in your neighborhood and available to help you take steps now to help meet your long-term financial goals.

Call today to set up a complimentary portfolio review.

Paul L. Hassell
Financial Advisor
1 Rossmoor Drive
Monroe Township, N.J. 08831
(609) 395-6605

**LOOK WHO’S NEW IN CONCORDIA - Arlene Turco**

By Frances Greenblatt

Arlene Turco moved here from Westchester, N.Y. Although she purchased her home in August 2012, she did not fully move in until May, 2013, due to health problems.

A native from Cleveland, Ohio, she was graduated from Ohio State University with a Bachelor’s degree in Social Administration and from Penn State University in Ohio with a degree in teaching. She did social work for one year and then taught school, grades 3-6, for 36 years, 6 years in Ohio and 30 years in Mt Vernon, N.Y. She loved teaching, and retired in 1993.

A widow for 33 years, her (Continued on page 22)
Nurse’s Notes: A Healthy Lifestyle

Stephanie Fitzsimmons
Sexton, RN, APN

Evidence shows that some of the leading causes of death in the United States, such as heart disease, cancer, stroke, some lung diseases, injuries, and HIV/AIDS, may be prevented by improving personal health habits. Eating right, staying physically active, and not smoking are examples of good habits that can help you stay healthy.

Eating the right foods and the right amounts of foods can help you live a longer, healthier life. Research has proven that many illnesses—such as diabetes, heart disease, and high blood pressure—can be prevented or controlled by eating right. Getting the nutrients you need, and keeping your weight under control can help. Try to balance the calories you get from food with the calories you use through physical activity. It is never too late to start eating right.

Eating a variety of foods, especially vegetables, fruit, dry beans, whole grains, fish, and poultry prepared without skin; lean meat and low-fat dairy products. With too much or too little can lead to health problems. After age 45, many people gain too much weight. You can control your weight by eating healthy foods and being physically active.

Research shows that physical activity can help prevent at least six diseases: heart disease, high blood pressure, obesity, diabetes, osteoporosis, and depression. Physical activity also will help you feel better and stay at a healthy weight. Try to do a total of 30 minutes of constant physical activity, such as fast walking, most days of the week. Recently I was at a local YMCA and I met a group of seniors that exercise three times a week at that center. They were a nice group of people that have made exercise a priority—on alternate days, some of them do yoga. Dark-green vegetables. They told me they feel good!

Before you start being physically active, talk with your doctor about ways to get started. Choose something that fits into your daily life, such as walking, gardening, or even washing windows. Select an activity you like, such as dancing or swimming, or try something new like biking. Get an exercise buddy. If you miss a day or two of exercise, don’t quit. Make time for physical activity, start slowly, and keep at it.

Sexually transmitted diseases (STDs), such as herpes, syphilis, gonorrhea, and chlamydia, are passed easily from one person to the next through sexual intercourse. STDs are more common in people under the age of 50 but, if you or your partners have other sexual partners, you are at risk for STDs. Talk to your health care provider about how to avoid sexually transmitted diseases.

AIDS is a disease that breaks down the body’s ability to fight infection and illness. AIDS is caused by the HIV virus. People in middle and those who are older can become infected with HIV. In fact, 10 percent of all AIDS cases in the United States have occurred in people over the age of 50.

Osteoporosis is a condition in which the bones break easily. About 70 percent of fractures in people over the age of 45 are related to osteoporosis. Osteoporosis is more common in women than in men. The loss of hormones that occurs after women have gone through menopause causes their bones to become less dense, or thinner, and therefore more prone to breaking. You can help prevent osteoporosis by: exercising, taking 1,000-1,300 mg of calcium per day, not smoking and taking hormone replacement therapy (HRT) if you and your physician decide that is an option for you.

Foods help you add calcium to your diet include most foods in the milk group (choose lower fat products, such as skim milk), milk and dishes made with milk, such as puddings and soups made with milk. Cheeses, yogurt. Canned fish, such as sardines, anchovies, and salmon. Dark-green leafy vegetables, such as kale, mustard greens, turnip greens, and spinach. Tofu.

Basic safety rules can prevent many serious injuries. Here is a checklist to follow to keep you safe.

To Help Protect Yourself

• Use smoke detectors in your home.
• Make sure that hallways and stairwells are well lit.
• Remove or repair things that could make you trip, such as loose rugs or electrical cords.
• Put handrails and traction strips on stairways and in bathtubs.
• Always wear seat belts while in the car.
• Never drive after drinking alcohol.
• Always wear a safety helmet while riding a motorcycle or bicycle.

Research shows that smoking causes more major diseases than any other personal habit. Some examples are cancers of the lung, mouth, bladder, and throat; heart and lung disease; and strokes. It is never too late to stop smoking. Half of all people who have ever smoked have quit. I could say a lot more—and I am a

January Trivia

By Bill Kulberg

Don’t forget, the answer to this comes at the end of the Lighter Side article.

Construction of our subject began in 1848. Due to financial problems (they ran out of money), it was halted in 1856. Good guys that they were, the Army Engineers came along in 1876 and decided it didn’t look right for this partial structure to be just sitting there. So they resumed and it was finished in 1884. Until the Eiffel Tower came along, it was the tallest building in the world.

It stands today, the tallest structure in the world built completely of stone (white marble, granite and something called bluestone gneiss). Remember, you can check the end of the Lighter Side to find out what we’re talking about.

The place you know. The people you trust. The prices you love!
• Family owned and operated for over 54 years: More Smiles Per Mile Since 1959
• Friendly and prompt customer assistance on the phone and in person: Real Attention! No Recordings or Prompts
• Free shuttle service with every service appointment
• We buy any vehicle, regardless of make, model or condition!

Dayton Sudoku Challenge

Complete either puzzle and present it at the dealership to receive $100 off the purchase of any new or used vehicle.

INTERMEDIATE

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The place you know. The people you trust. The prices you love!
Latin Not Spoken Here (Or anywhere else)

Please remember to check out the Trivia question elsewhere in this paper. The answer appears at the end of this article. The following article was printed several years ago, and in keeping with my allegiance to the Latin language, there isn’t a society, or anywhere else.

When the noted Latin singer, Johnny Mercer, teamed with bandleader and English man-ager, Rodgers & Hammerstein, arrived home, he didn’t shout: “Mamma, don’t adsum!” to Lucy. He called out: “Honey, I’m home!” The way he fractured the language, there wasn’t an awful lot more he said that could be clearly understood.

English is spoken in our courts, after a fashion. Do we need all those Latin phrases, like ex post facto? How many know it means a law that’s retroactive? Probably less than those who think it means the horses have left the starting gate. No matter how many times they’ve heard it there are still people who don’t know a wiff of habeas corpus doesn’t mean you have to produce a dead body.

And don’t get me started on Roman numerals. Just one silly example is using them to identify Super Bowls. In all of professional football, there’s no other use of Roman anything. thing. There was Roman Gabriel, a quarterback of note (also a lousy actor) and a couple of other guys with the same first name. There’ve been hockey and baseball players with that first name, a baseball player named Ed Roman, and a football player, Ed Romanowski. A Roman tic sounds like a foreign affliction until you put the two words together. Of course, that could lead to an affliction of a different kind.

Rident stolidi verba Latina means: “Fools laugh at the Latin language.” I don’t know what it means. You should have put the money. I scream, you scream, we all scream for ice cream.

The literal translation is “to laugh (in this case smile), just you have the occasion to laugh (in this case smile)”. Should you read some common Latin phrases accompanied by new definitions I’ve assigned them, more consistent with what they sound like than what their actual translations are. Should you have the occasion to laugh (in this case smile), just how much of a fool are you?

Ex parte fortuna – Spouse has split and taken the money. In banco – Where you should have put the money.

Nimine senuisti – Low grade moron – this usually follows the two preceding phrases.

Ad hoc – Where in the newspaper you advertise selling what’s left.

Ab absurdo – Muscle bound.

Obesa cantavit – You need to diet. Put down that chocolate.

Reductio ad absurdum – Dieding is a waste of time.

In dentibus anticis frustrum magnum spinicic habes – You have a big piece of spinach in your teeth. In fact, that’s exactly what it means.

Perpetuum mobile – Energizer Bunny.

Audicet et alteram partem – My car is in for service.

Nervos bellii, pecuniam – Stomach ache.

Mater dolorosa – Parental quality of the Spears women.

Amor platonicus – Just friends.

In vino veritas – Really drunk.

Clamo, clamatis, omnes clamamus pro glacie lactis – I scream, you scream, we all scream for ice cream.

Really! Caveat emptor – The selling fell out.

Pro bono – Sonny was better than Cher.

Nemo malus felix – The little fish is being threatened by the cat.

Loco citato – Certifiably crazy.

(Continued on page 26)

SUB ACUTE REHABILITATION AND NURSING – LONG TERM CARE

The Concoridian

THE LIGHTER SIDE

By Bill Kulberg, Associate Editor

Notes

(Continued from page 4)

A substantial number of English words are derived from Latin. I have no problem with that – we’re a diverse nation. But if it’s so significant, why isn’t there a society, somewhere, speaking it? Latin don’t even speak it.

When the noted Latin singer, Ed Romanowski. A Roman tic sounds like a foreign affliction until you put the two words together. Of course, that could lead to an affliction of a different kind.

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Loco citato – Certifiably crazy.

(Continued on page 26)
HAPPENINGS IN CONCORDIA

It's January at Last

At last the New Year has begun and we can begin with a clean slate. I know that none of us will make last year's mistakes again (ha, ha). My mother used to tell me that you cannot make the same mistake once and then never again. So good luck to all of us.

In this New Year why don't you try some of the new things going on here. There is a new movie discussion group that has already begun. You watch the movie over the weekend and then discuss it on the first Thursday of the month at 1:30 p.m. It is quite an interesting group.

The Life Challenges Group meets on Tuesday mornings from 10 a.m. to 11:30 a.m. Bring your problems and get some assistance in solving them.

The Woman's Discussion Group meets on the second Sunday of the month at 11 a.m. They discuss any subject of interest to the fairer sex. All of these activities take place in our Clubhouse.

Also do not forget the exercise classes, reading groups, dominoes, Mah Jongg and other wonderful things available in Concordia.

Welcome to some of our new residents: Dharmesh and Diane Molinaro, 139 John Paul Jones Drive Kedves; Robert Santarpia, Daniel Webster Avenue from and Bhavesh Mistry, 38D new residents: Dharmesh will bring you peace. The life you shared with them month. Our hope for those of who are celebrating birthful things available in reading groups, dominoes, exercise classes, card games, sex. All of these activities a.m. They discuss any sub- Sunday of the month at 11:30 a.m. It is quite an interesting group. The Life Challenges Group meets on the first Thursday of the month at 1:30 p.m. It is quite an interesting group.

Best wishes to all of you who are celebrating birthdays and anniversaries this month. Our hope is that you who have lost loved ones is that the memory of the life you shared with them will bring you peace.

We would be happy to meet you in our Monroe office. Call today! (732) 568-1155

CINEMA CONCORDIA

“World War Z”
Sunday, January 5
116 min. - PG-13 Rated
2 p.m. (cc)
A U.N. employee races against time and fate as he travels the world trying to stop the spread of deadly zombie pandemic. As the undead hordes gain strength across the globe, governments fight and Earth stands on the brink of total social collapse. Starring Brad Pitt, Mireille Enos, Matthew Fox, Eric Weston, David Morse, James Badge Dale, Elyes Gabel, David An- of total social collapse. Star- ing Brad Pitt, Mireille Enos, Matthew Fox, Eric Weston, David Morse, James Badge Dale, Elyes Gabel, David An-

“The Music Man”
Saturday, January 4
133 min. - Not Rated
2 (cc) and 7:30 p.m. (cc)
Matthew派 takes a turn as the world’s most charismatic con man, Professor Harold Hill, as he uses his “musical expertise” to form a community band to win the affections of Meredith Wilson’s classic show “The Music Man.” Join the citizens of River City on a wonderful slice of Americana as they joyously perform such hum- ble tunes as “Trouble,” “Marian the Librarian,” “76 Trombones” and “Till There Was You.” Starring Matthew Matthew Broderick, Kristin Chenoworth, Victor Garber, Debra Monk, Molly Shan- non and David Aaron Baker.

Condolences

Condolences to: Ruth Solomon on the loss of her husband, Jacob; Nancy Mar- coni on the loss of her hus- band, Phil; and to the families of Tobi Bellven and Kim Kaufman. Kaufman, who died in November, was active in the formation of the Golf Club in Concordia at its conception.

Personal:

To my wonderful Concordian friends: Thank you so much for your calls, cards, and gifts while I was in rehab recovering from knee surgery. I can’t begin to express how much you all mean to me.

THE CONCORDIAN

January 2014 — Page 6
At the Movies

By Mildred Goodwin, Associate Editor

"What a Piece of Work Is Man!" Hamlet, act 2, sc.2.

In this famous line, William Shakespeare did not mention "woman," but for the sake of clarity, I shall do so.

Indeed, the woman I have in mind is that outstanding British actress, Judie Dench, and the film I am going to tell about is "Philomena." Ms. Dench, who we have seen as a regal Queen Elizabeth, in "Shakespeare In Love," a psychotic teacher in "Notes On A Scandal," and a griefing, widowed Queen Victoria in Mrs. Brown, etc., etc., now portrays a mistreated, kindhearted Irish Catholic woman, seeking to discover what has become of the baby she was forced to give up as a teenager. The character developed by Ms. Dench is an ordinary woman, but extraordinary in her faith, her religion, and for the most part, the world in which she lives. Instead of becoming bitter about the treatment that she received as a young girl, she never loses her humanity.

"Philomena" is based on a nonfiction book, "The Lost Child Of Philomena Lee," written in 2009 by Martin Sixsmith. In the film, the story of "Philomena" begins in 1952 when a teenage Philomena (Sophie Kennedy Clark), becomes pregnant and is sent to a convent in Roscrea, Ireland. She spends many years there in virtual slave labor, working in the convent laundry. This "imprisonment" is part punishment and part compensation to the nuns for the care she received during childbirth. If this pathetic story evokes memories, perhaps it is because you recall the 2002 movie, "The Magdalene Sisters," that went into quite a bit of detail about this medieval tradition in Ireland that lasted until the last decade of the 20th century.

Philomena's son is soon adopted by a wealthy American couple and after 50 years of desperate longing for the child she had been forbidden to seek, Philomena becomes determined to find him. A woman that she knows introduces her to Martin Sixsmith (Steve Coogan), a one time BBC foreign correspondent. At this time, the movie takes on a different focus - Philomena begins a diligent search with Sixsmith as her investigator. The elements of a detective story are introduced as well as an inquiry into true religious faith as distinguished from the institutional piety that Philomena had previously known. The twists and turns of the plot keep the audience involved and always caring about a woman who has been badly wronged, but never loses faith in her religion or in the quest to find her long lost son and what became of him.

"Philomena" is a superb film and surely Judi Dench should be considered for an Oscar. Nor should Steven Coogan's fine performance be overlooked - I heartily recommend this movie to you.

A Happy, Healthy New Year to all and let us meet soon again At The Movies!

Cinema

(Continued from page 6)

horse Seabiscuit. Starring Tobey Maguire, Jeff Bridges, Chris Cooper, Elizabeth Banks, Gary Stevens, William H. Macy, Kingston DuCoeur, and Eddie Jones.

"Yes Man"

Sunday, January 19
122 min.- PG -13 Rated
2 p.m. (cc)

Carl starts out the film depressed and withdrawn, scared of taking a risk. Peter, his best friend, convinces him to take a seminar intended to change "no men" into "yes men." Carl hesitantly utters the three-letter word, setting the stage for a domino effect of good rewards, and giving Carrey a platform to show off his comic chops. Starring Jim Carrey, Terence Stamp, Luis Guzman, Zooey Deschanel, John Michael Higgins, Bradley Cooper, Patrick Labyorteaux, Brent Briscoe, Fionnula Flanagan, and Molly Sims.

"The Three Stooges"

Saturday, January 25
92 min.- PG Rated
2 (cc) and 7:30 p.m.

(Continued on page 8)
This novel is a slim volume about the Antebellum era and slavery. Although less than 200 pages, it contains a powerful and gripping story told in the voice of Manon Gaudet, the alienated wife of a Louisiana planter and slaveholder in 1828. This is an unsentimental look at what slave owning does to one’s interior life, a mesmerizing story of a plantation mistress: giving orders briskly but courteously with the expectation of prompt obedience. Only with Sarah, her personal maid, does she display a heart of stone and hatred, and demands complete subservience. Sarah meets this disrespect with palpable silent contempt, sullen obedience and, at times, veiled defiance. Humanized by Sarah’s giving birth to her husband’s child, she is poisoned by rage and she is driven by brute passion and she realizes they have nothing in common. Now, years later she finds boorish, cruel and perverse Sarah, property of a misanthropic Creole family named the Gaudets. A woman at that time was considered property, just as women today are considered property. What is the nature of “Property” that gives the novel its title? Manon is owned by her husband and she is unable to escape his control or material dependence. A woman at that time was unable to inherit wealth as it reverted to the husband. So is Sarah, property of a mistress determined not to let her go. This novel is aptly titled: the power of property, people and things. It drives the plot and illuminates the theme of pre-Civil War society’s social mores that turned women into property, just as it is a bill of sale definition of slaves.

**Property**

By Valerie Martin

**All About Books**

(Continued from page 7)

**Cinema**

While trying to save their childhood orphanage, Moe, Larry, and Curly inadvertently stumble into a murder plot and wind up starring in a reality TV show. Starring Chris Diamantopoulos, Sean Hayes, Will Sasso, and reality TV show. Starring Jason’s grandfather, Jason Stevens picks up the changes from his billion-dollar foundation and bestseller “The Ultimate Life.” After receiving life changing gifts from his wife, “the Master,” he finds himself in need of guidance once again. Jason’s billion-dollar foundation is being challenged in a courtroom battle, which complicates his relationship and soul mate.

**Duplicate Bridge**

Corrine Edelbaum-Barbara
Dranoff Bill Back-tabach-Mitch Kasper
EAST-WEST
Evelyn Hornick-Inrinn Horkick
Bill Biege-Bernie Berger
Barry Taabach-Mitch Kasper

November 13

**NORTH-SOUTH**

Helen Solomon-Leonard
Sohnol
Iris Gittelman-Ralph Hatch
Rila Rosenberg-Phil Savage

EAST-WEST
Carol Cohen-Leonard Cohen
Alice Pollack-Emery Cook
Barbara Cohen-Bernie Berger

November 15

**NORTH-SOUTH**

Rila Rosenberg-Phil Savage
Becky Holman-Tom Newton
Helen Solomon-Leonard Solomon

(Continued on page 9)
Happy New Year to everyone and here’s more great tips to make this next year more fun at the Bridge table! This column today is “back to basics!”

Tip Of The Month:
It is important for any defender to look at the bidding. Before the bidding cards are scooped up make sure you have looked at the auction — and try to determine the shape of the declarer’s hand and what you expect to see in dummy! As the opening leader, decide whether it is advantageous to lead the unbid suit (usually is) or through dummy’s strength. Sometimes (but rarely) it is right to lead into a suit known to be held by declarer. Otherwise, consider leading an off-suit and let partner lead through declarer’s strength!

Solution:
Play the Ace first, return to your hand and play low to the Queen. This action caters to a Stiff King, Stiff Jack, and any singleton honor on your right. The only time this order of play fails is if it is K J X with right hand opponent.

Another Quiz:
Plan your play — the contract is 4 hearts. You need to win 10 tricks - and can only lose three.

North (dummy)
A K 5 2
Q K 9 4
3 7
4 6

What is your call?
Solution:
Bid 2C. If partner bids 2S or 2H, you can jump to game in your major. If partner bids 2D, then jump to 3S. Partner should work out that you have 5 spades and since you did not transfer to spades, you used Stayman, you must hold 4 hearts as well. Partner has lots of information to choose the correct game contract.

Test Your Skills
Partner opens the bidding with 1NT and you hold:
♠ - A K 8 5 2
♥ - K Q 9 4
♦ - 8 7
♣ - 6 4

What is your call?
Solution:
Bid 2C. If partner bids 2S or 2H, you can jump to game in your major. If partner bids 2D, then jump to 3S. Partner should work out that you have 5 spades and since you did not transfer to spades, you used Stayman, you must hold 4 hearts as well. Partner has lots of information to choose the correct game contract.

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Important Emergency Reminder

• First: Dial 911 to report the emergency.
• Then: Inform Concordia Security.
Press the appropriate button on the alarm system control panel:
P police, A ambulance, F fire
Or call Concordia Security (609) 655-1880

Your Safety is Our Concern
Concordia Security Committee
Letters to the Editor

Let's Set the Record Straight
On Monday, November 11, the Concordia Board of Trustees held an Open Board meeting, scheduled for 7:30 p.m. Following a long-standing procedure, WCOC arrived in the Regency Room at 6:30 p.m. to set up the equipment and test the microphones for the shoot. Shortly before the meeting started, the Board of Trustees informed WCOC that the meeting was not to be taped. This was entirely a Board of Trustees decision. At no time was it ever said or inferred that WCOC was not willing to tape the Board of Trustees meetings. The Board has now decided that future Open Board meetings will be taped and shown on Channel 3. This is particularly important for the residents who are not able to attend the meetings in person. However, I urge residents to attend each Open Board meeting, if it is feasible. Your voice can only be heard by attending the meetings and participating in the open forum.

Betty Turick, WCOC Member

Beware the Next Scam
Should you receive a phone call that requires you to call back (unless you know the party), don’t! The area codes are 809, 284 or 876. You would be calling the Dominican Republic. The phone call charge at this time will be expensive on your bill.

E. Diamond

Statement of Editorial Principles
The Concordian is published for the Homeowners’ Association of the Communities of Concordia. It serves three functions: to provide news of relevance to the residents; to provide a forum for the expression of their ideas and views; and to offer opportunities for the exercise of their creative talents.

Officially, The Concordian is a committee of the Board of Trustees. It is a newspaper that reports responsibly and impartially on the events and issues that affect our lives here.

The Concordian is not liable for any typographical or printing errors that may appear, including in its display or classified advertising, over the cost of the products and services offered. However, no endorsement by The Concordian or any other party is intended or implied. Acceptance of all correspondence to:

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Welcome
By Adrienne Fein

We look forward to greeting one and all at the Wel- come Coffee and Conversation session to be held on Sunday, January 5 in the Phoebe Room starting at 12:45 p.m. It is a great way to start off the New Year...meeting and greeting your neighbors that you weren’t able to see during the holiday season. Come in out of the cold for an hour of social ex- change.

Have you joined in our ac- tivities, entertainment, social events? Come join us for a cup of coffee and an hour of conversation, both new and longtime residents. This event is open to all residents...not just home- owners. It is a delightful way to spend a small amount of time getting to know your neighbors. There is nothing like a cup of coffee and some refreshments to help the so- cial atmosphere of getting to know you. It is amazing to hear some of the connec- tions made at these ses- sions. Many old school ‘chums’ from their early de- velopmental years have found each other again; and even some long lost relatives have reconnected at these sessions. One never knows who or what you will find out about at this social event. We encourage you to come back on a monthly basis to hear about the things going on around the community. For more infor- mation, contact Adrienne Fein (860-5964). No invita- tion response necessary, just show up.

The Mayor’s Message
By Richard Pucci, Mayor Township of Monroe

Energy Aggregation to Save Residents 15%

After many years of being an advocate for Group En- ergy Aggregation purchasing, Monroe residents will be able to take part in a pro- gram that will save them money on their monthly elec- tric bills.

On November 14, the Monroe Township Council awarded a 22-month contract to ConEdison Solutions of NY to provide electric power supply to Township residents. The contract approval should save residents nearly fifteen percent (15%) of the generation portion of their electric bills over the term of the contract. On average, the savings would translate to roughly $10 annually for the average customer, and even more for those with all- electric homes. The total pro- jected savings for all Monroe residents combined is $4 mil- lion.

The contract award is the result of the Monroe Town- ship Community Energy Aggre- gation (MTCEA) program that was launched in early 2013. Monroe is one of the first municipalities in the State to successfully award an electric supply contract under the Government En- ergy Aggregation (GEA) Act, which gives municipalities the authority to undertake a bulk purchase of electric power supply for its resi- dents.

The contract signed with Con Edison Solutions sets a fixed price of $0.08435 per kilo- watt-hour for electric power generated for 22 months for all residents who receive electric power from JCP&L beginning in February 2014. The pro- gram also provides for the continuation of budget billing for those residents who have similar arrangements with JCP&L. As a comparison, the current JCP&L electric supply rate is more than $.107 per kilowatt-hour.

Participation by residents in the Energy Aggregation Program is voluntary. All residents currently being pro- vided electric supply by JCP&L received a mailing containing a program de- scription and an “opt-out” card. Prior to enrollment, residents will have a 30-day period to decide if they wish to “opt-out” of the program.

Residents who already have a third-party electric provider will have to “opt into” the program. It is re- commended that residents check whether or not they would be penalized for leaving their third-party supplier prior to opting into the pro- gram. Residents should also ensure that the MTCEA rate is better than the one they are currently receiving, re- membering that the MTCEA rate will be fixed at $0.08435 for 22 months. Those with third-party suppliers that want to opt-into the program should contact ConEdison Solutions directly at their toll- free phone number, (855)- 884-9794, to request to en- roll.

Municipal Energy Aggre- gation has been a long-time goal of mine and I am happy that it has finally taken off in New Jersey, and that Mon-roe Township is among the first municipalities to conduc- tate a successful bid under the program. MTCEA will provide welcome electric rate relief to residential and small commercial customers.

This program provides for the electric supply to be provided by a third-party provider at a lower fixed price for the duration of the contract. On average, the savings would translate to roughly $160 annually for the average customer, and even more for those with all-electric homes. The total pro- jected savings for all Monroe residents combined is $4 mil- lion.

Readers who already have a third-party electric provider will have to “opt out” of the program. Residents who already have a third-party electric provider will have to “opt out” of the program. Participation by residents in the Energy Aggregation Program is voluntary. All residents currently being pro- vided electric supply by JCP&L received a mailing containing a program de- scription and an “opt-out” card. Prior to enrollment, residents will have a 30-day period to decide if they wish to “opt-out” of the program.

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We welcome electric rate relief to residential and small commercial customers.

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Eye Diseases in Individuals with Diabetes

With more than 8 percent of the American population having been diagnosed with diabetes, retinal dialyzed eye exams are critical to prevent vision loss. Diabetes is a disease that interferes with the body’s ability to use and store sugar, which can cause many health problems. Too much sugar in the blood can cause damage throughout the body, including the eyes. Over time, diabetes affects the circulation system of the retina, the light-sensitive lining at the back of the eye.

"Many eye problems show no symptoms until they are in an advanced stage, and that is why we recommend that people with diabetes in particular have an eye examination by a doctor of optometry at least once a year," says Doctor of Optometry Tina MacDonald, a Certified Diabetes Educator and a member of the AOA’s Health Promotions Committee. "When the eyes are dilated, an eye doctor is able to examine the retina for signs of diabetic eye disease and prescribe a course of treatment to help preserve an individual’s sight."

Only 32 percent of respondents are aware that diabetic eye disease often has no visual symptoms, according to the AOA’s 2013 American Eye and Vision Disorders consumer survey. Additionally, only 39 percent know that diabetes can be detected through a comprehensive eye examination.

People with Diabetes Are at Greater Risk for Eye and Vision Disorders.

People with diabetes are at a significantly higher risk for developing eye diseases-including retinopathy at the back of the eye. Over time, diabetes can cause damage to blood vessels supplying fine blood vessels called capillaries in the retina (the retina lining at the back of the eye). This can lead to the development of abnormal blood vessels (neovascularization) at the back of the eye. These can cause the retina to detach from the underlying tissue and lead to vision loss.

"When the eyes are dilated, an eye doctor is able to examine the retina for signs of diabetic eye disease and prescribe a course of treatment to help preserve an individual’s sight."

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Energy Aggregation to Save

(Continued from page 1)

solutions.

The team will initially con-
duct several key tasks includ-
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Emergency Response

(Continued from page 1)

vises to the staff of our award-winning periodical, The Concordian. Both en-
evades have proven in-
valuable to her in ways she never expected.

First and foremost, she has met and shared ideas, creative energy and friend-
ship with so many of her neighbors here. These activities include yoga, crea-
tive writing and poetry as well as currently serving as the recording secretary of Brandeis. She is actively involved in Brandeis study groups reading contempo-

rary literature and biogra-
phies, listening to lectures on Comparative Religions and much more.

Last, but not least, is her work as a loving photogra-
pher for The Concordian. She can be found popping in to meetings, card rooms, sports events, Rock’n Rollers parties, the library, pools, gym — wherever people are enjoying the good life here in Concordia. Her advice to members of our community: “Get involved. It will nourish your mind, your body and nur-

ure your soul.”
Collecting funds to aid victims of the devastating typhoon that recently hit the Philippines are, from left volunteers Barbara Lauster, Sylvia Aidikoff, Phyllis Rubinfeld, Grace Gouze and standing, Adrienne Fein, all representing a joint effort by Brandeis, Deborah, NCJW and ORT. Photo by Ray Kaufman

Astronomy/Science
By Mildred Goodwin
The Astronomy/Science Club is settling down for its winter hibernation, but not without saying “thank you” to all its members and friends that made 2013 one of the most successful seasons since the Club was formed in 1986. It was your interest and the excellent guest speakers that we had - not to mention the delicious refreshments - that made our meetings so enjoyable. Our next meeting will be on Thursday, March 27 in the Regency Room at 7:30 p.m. At this time we do not know who will be our guest lecturer, but this column will keep you informed.

In anticipation of cold weather, I thought you might like to know that Pluto (which has been demoted into being a dwarf planet) is very, very cold with a temperature of 375 to 400 degrees below zero. Before it became a dwarf, it was known as the smallest planet in the solar system and the ninth planet from the sun, only half the width of the United States (isn’t that a surprise!).

There is so much to learn about astronomy and other sciences. It can, indeed, seem overwhelming, but always fascinating. Perhaps this column will be able to offer you some unknown information during the course of the next few months. In the meantime, enjoy a cozy, warm, winter - there is always so much to do and to learn.

The Chorale’s Dilemma
By Jack Galin
Wow! What a wonderful problem facing the Chorale. After several meetings with members and officers, we are trying to decide what our 2014 Program shall be. Currently under discussion are: 1) “The Kings and Queens of Pop” (The Music of the Current Generation) or “Reach For The Stars” (Featuring Major Groups of the Here and Now) and several other ideas under consideration!

What is exciting, regardless of whatever program we choose, the music being considered will include songs from groups such as The Mommas and the Poppas; The Bee Gees; the Fifth Dimension; The Who; The Rolling Stones; Bruce Springsteen; The Beach Boys; plus many others.

Of course, there is no possible way we could prepare and present a program that would include all the names we might like, but just the idea to consider them, then select what we believe is best for our show, what is best for our audience and then rehearse them, fills the Chorale with great anticipation.

It may be difficult for a non-member of Concordia to recognize that rehearsing new music, with their new tempos, the different phrasing and the newer approach to our current music gets our feet tapping, our hearts beating faster and our enthusiasm rising.

Should any member of Concordia doubt that enthusiasm, we invite you to attend one of our rehearsals on any Thursday morning in the Clubhouse. Right now we are in Winter Recess but we anticipate beginning the 2014 season, and the 2014 program the third week of March. After that, we will be meeting every Thursday morning at 9:30 a.m.

So dear Choristers, relax this winter, rest your tonsils and your voices and be ready to go full speed at our

(Continued on page 14)
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The Chorale’s Dilemma

(Continued from page 13)

scheduled first meeting of the new year, come March. And by the way, a Happy and a Healthy New Year to all! (To even non-Chorale members, for whom we will always have a welcome and a chair.)

Brandeis

By Betty Rosenberg

On Thursday, January 16 at 12:30 p.m. in the Party Room of our Clubhouse, our Annual Card Party and Luncheon will take place. There will be a boxed lunch catered by Twin Oaks Caterers and a choice of sandwiches; coleslaw, potato chips, a fudge brownie and a bottle of water will be included.

The cost will be $18 per person (includes a donation to Sustaining the Mind — Scientific Research). Please call for more information Barbara Rosenberg 409-7093 or Penny Kisciras 395-8822. A Cabaret Luncheon is being planned for Wednesday, February 12 at Anto

Christian Fellowship

By Anne Adams

Should “old acquaintance be forgot”? How many times have we heard these words spoken. They might have been said at a good friend’s party or, at a peer’s farewell retirement event. Just recently, they were said and/or sung the night before we began this very, very “new” year of 2014. I know we say this every year, but truly, it is hard to believe that another year has passed and a brand new year is upon us. When we think of a new year, we are brought to mind past years with past memories. They are memories of family and friends with a cherished history that could never be replaced and certainly, not forgotten.

As 2014 rang in, a lot of hopes and wishes were made by us with an aspiration for peace and good health to everyone we hold dear. These desires also reflect on our special friends who, whether near or far, continue to defend our lifestyle we so wonderfully enjoy. May our New Year and theirs be filled with good will and joyous blessings.

While we continue to enjoy our old and trusted friendships, there are a lot of us who find the time to open our hearts and minds to new acquaintances that eventually become good friends. Residing here in Concordia and being a member of our Christian Fellowship Organization has given many of us the opportunity to meet grand people resulting in great relationships filled with mutual warmth and respect.

Ten months a year, The Christian Fellowship Organization gives us the potential to visit with our friends and/or

(Continued on page 16)

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The Chorale’s Dilemma

(Continued from page 13)

scheduled first meeting of the new year, come March. And by the way, a Happy and a Healthy New Year to all! (To even non-Chorale members, for whom we will always have a welcome and a chair.)

Brandeis

By Betty Rosenberg

On Thursday, January 16 at 12:30 p.m. in the Party Room of our Clubhouse, our Annual Card Party and Luncheon will take place. There will be a boxed lunch catered by Twin Oaks Caterers and a choice of sandwiches; coleslaw, potato chips, a fudge brownie and a bottle of water will be included.

The cost will be $18 per person (includes a donation to Sustaining the Mind — Scientific Research). Please call for more information Barbara Rosenberg 409-7093 or Penny Kisciras 395-8822. A Cabaret Luncheon is being planned for Wednesday, February 12 at Anto

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(Continued on page 16)
Hope you enjoy these pictures of fellow Concordians as they once were, compared to the way they now look. Physically, the body ages as we go through life’s stages. But age is just a number, a state of mind. Think of it not as aging, but as growing more mature. The Concordian appreciates the participation of these six residents.

Have a Healthy and Happy New Year!
Christian Fellowship

Sending out our love and neighbors. The prospect of breaking bread with our fellow members is priceless. The fact that these gatherings take place in our own backyard makes it that much sweeter. Each day when a junction is crossed, we are grateful for the blessings that have been granted to us. Because of the entertainment and social benefits we receive when attending these functions, we are given a chance of looking forward to a night of enjoyment as well as amusement. As members of The Christian Fellowship, we are thankful that these special times have been provided to us.

While many of our members escape their northern abodes for their southern comforts, the rest of us will have to contend with January's frost. However, we can enjoy a warm January by visiting with "old" acquaintances as well as "new" friends. A friendly reminder, our annual dues are now in order. Please leave your check, payable to The Christian Fellowship of Concordia, with our Clubhouse Concierge. Also, please keep in mind, The Christian Fellowship Organization will continue to collect food for the Monroe Food Pantry at all our general meetings. Thank you for your continued support.

Here's to Friendship and a Peaceful 2014. God Bless and God Speed.

Computer Club

By Len Solomon

Thanks to the club members who braved the rain and attended the November 26 Computer Club Meeting. If you weren't there, you missed a great presentation by Bill Biega. Bill told us all about the "Cloud," and how (among other many features) it enables you to dramatically increase your file storage capacity without having to buy an external hard drive. We all enjoyed a very interesting and informative program. Not to mention the great refreshments. All in all, it was an enjoyable evening and time well spent.

Now for our website of the month. "Instapaper" offers nothing to read of its own. It just makes most of the stuff you read on the Web better. Click its "Read Later" button and you can save articles and other reading materials, and then peruse them at your leisure in beautifully reformatted versions that strip out ads and other distractions. Better still, you can do that perusing in your browser or on an iPhone or iPad. It's really very helpful.

P.S. We also stay in touch with club members via email. If you change your email address, notify us via email to Len Solomon at hisol@hotmail.com.

Concordia Players

By Emely Cook

We are up and running..."Pajama Game" — that's our new production for 2014. Tony Adata, our director for many, many years is back. He came out of retirement (a short one) to get us ready for this year's show. "Pajama Game," the musical is based on a play 7-1/2 Cents written by Richard Bissell. It's about a group of factory workers (in a Pajama factory) wanting a 7-1/2 cent raise in each Pajama set they finish (this is called piece work). Originally done in 1954, this musical received a Tony for best musical in 2006 for best revival musical. This is a great show, and the music is fantastic, including songs like "Steam Heat" and "Hernando's Hideaway," and many more. So plan ahead to see this great show.

The Players unfortunately, due to unavoidable problems, cancelled our 2013 show, the only time in 27 years. Now we want to start fresh this year and we are looking for talented Concordians to join us in this great production. We need both men and women to come out and be part of the play. We can use you and you will have fun. Our rehearsals start in July and are generally held in the evenings, so even if you have a day job, don’t worry — we can accommodate you. If you have any type of musical or acting ability, please think about joining our group. Our play has many musical numbers — so, if you can sing (maybe you sang in a chorus or choir), or if you can dance (can move on a dance floor),
Concordia Players

(Continued from page 16)

we could use you and you will have a chance to entertain our residents and guests. Come to our auditions later in the year. Remember, all of our members who have previously acted in our plays started the same way. Also, maybe you play the piano or other instrument and want to help that way. Or are interested in scenery setup and painting — we could use you too! If you want to ask more questions — call me, Emely Cook at 609-860-1669. I will be very happy to answer you and give you all the details!

Keep warm and stay healthy!

Beit Shalom Congregation

We wish you all a very happy, healthy and prosperous year.

At the Beit Shalom Synagogue, we are busy making plans for the year 2014. The bills for the dues for the Synagogue, Sisterhood and Men’s Club are all included for the first time, they should already be in your mailboxes. Sisterhood is having their Chinese Luncheon Monday, January 13 at 12:30 p.m. Please call Lillian Rich for more information at 609-409-1177. Our Education Committee will have an extremely enjoyable film, “Enemies - A Love Story” on Wednesday afternoon, January 22 at 2 p.m. All are welcome and we request a $2 donation to keep up the quality of our programming.

Coming soon - March 7 - we will again participate in “Shabbos Across America” along with thousands of other Synagogue across North America. We are in the planning stage at this time. It is always a warm feeling when we feel a part of all the other Congregations.

Shabbat Services are at 9 a.m. on Saturday, January 4, 11 and 25. The Oneg Shabbat is on Friday, January 10 at 7:30 p.m. Minyan Services are at 8 a.m. and 4:15 p.m. through January 31. On January 3 and January 31, the afternoon services will start at 4:30 p.m., and at 5 p.m. starting January 31. On Saturday, January 11, there will be a special service for Tu B’Shevat.

The Executive Officer’s Meeting is at 10 a.m. Wednesday, January 8, and the Board of Trustees Meeting is Sunday, January 19. We are presently looking for nominees for both our Executive Committee and our Board of Trustees. Please call the office if you are interested at 609-395-1952. New blood, new ideas, new members are always welcome, and very important to us. Shalom to all!

Deborah

By Adrienne Fein

Since 1992, Deborah Heart and Lung Center has provided state-of-the-art care for patients, young and old, who are suffering from tuberculosis and today from heart, lung, and vascular disease. In recent years, it has added a partnership with the Joslin Clinic in caring for people with diabetes. The facility offers the latest surgical techniques and non-surgical alternatives for diagnosing and treating all forms of cardiac, vascular and pulmonary diseases in adults, congenital and acquired heart defects in adults and children.

No patient or family has ever received a bill for services rendered after being infirmed at the Center. By supporting our activities, you can ensure that Deborah is able to continue to provide lifesaving care to those who cannot pay for health, for years to come.

The next event will be Tuesday, February 11 at the Party Room. It will be another CardMah Jongg...or whatever game...super party. Watch for details to follow on our fliers and on WOOC Channel 3. Get your groups together...there will be many more interesting events than this at event last time. Reservations early...sold out quickly last time.

Have you seen our tribute cards? They are as pretty as any store bought cards but new cards that just arrived are beautiful. Don’t forget birthdays, anniversaries, special events, get well or condolences. And what could be better than sending a card to celebrate or memorialize an event while helping someone in need. Contact Gloria (662-4274) during the next months.

Our monthly bus trips to Showboat Hotel and Casino in Atlantic City continue to be a huge success. For the schedule and reservations, contact Priscilla Porter (732-641-2172). All are welcome to come and have fun starting on the bus.

We are starting to put together another walk-a-thon for the month of May. This was a well attended event last year and a great fundraiser for us recently. Details to follow next month.

Remember, Deborah does not distinguish paying patients from those who cannot afford to pay, but treats patients based on need. As a member, you can have fun and learn about the various facets of this wonderful organization. Call Leslie Cohen (235-9477) for information.

National Council of Jewish Women

By Adrienne Fein

Poverty, injustice, and violence are the types of challenges we face as Americans and as citizens of the world.

Church House Dress Code

The established dress code for all evening Church House functions follows: Proper attire for women being no bare midriffs, no shorts and no flip-flops. Proper attire for men being no tank tops, no shorts and no flip-flops.

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For selection criteria, see http://www.superlawyers.com/about/selection_process.html.

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Steven K. Mishkin, MD, FACS, FICSDC
Marlin S. Schneider, MD, FACS

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Corneal Diseases
Marlin S. Schneider, MD, FACS

Glaucoma
Blair S. Grand, MD, FACS
David K. Lee, MD

Oculoplastic Surgery
Steven K. Mishkin, MD, FACS, FICSDC

Retinal Diseases
Stony Taub, MD

Pediatrics/Strabismus
Jay M. Rosen, MD, FACS

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William B. Podolski, OD, FACS
Taiza M. Mishkin, OD, FACS
Elke K, Patoukian, OD, FACS
Paul L. Cymbalist, OD, FACS
Diana G. Stephenson, OD, FACS
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JANUARY 2014 — PAGE 17
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Dr. Marci Schwab, NJ Hearing Aid Disp. Lic. #1210

(Continued from page 17)

Throughout its 115 year history, NCJW has been a leader in the battle for social justice, peace and human rights. We welcome you one and all to come to our meetings and hear what this organization of volunteers has to offer. Our meetings are on third Tuesday of each month in the Clubhouse.

Join us Tuesday, January 14, for a special evening of "Dine ad Discovery" at 6:30 p.m. in the Clubhouse Party Room. The program is titled "Jewish Gangsters… and you will hear known names such as Louis "Lepke" Buchalter, Arnold "Kid Twist" Roth and perhaps others that you are more familiar with in history. The presentation will have an interactive portion so that you can join in the discussion. The evening, which includes supper, is $15 per person. Contact Gwen 395-8419 or Janet 655-5190 for reservations.

Tuesday, March 11 is the Annual Luncheon and Card/Mah Jongg Party at 12:30 p.m. in the Party Room. It will be a box lunch. Get your groups together and join us on this date. The cost is $18 per person.

The annual Book and Author Luncheon will take place Tuesday, May 1 at the Battlefield Country Club in Manalapan. Pam Janoff, former CIA agent, is the author, will discuss her books "The Kommandant's Girl," "The Diplomat's Wife" and "The Ambassador's Daughter." The afternoon will cost $38 per person.

For any further information on fundraising projects, contact Gwen or Janet or Linda (732-766-2017).

ORT America

By Anne Getter

As ORT America begins the new year, we can look forward to several interesting events and fun activities. First of all, we have our successful Card/Game Party March 25 in the Clubhouse. Mark your calendars to start setting up those tables.

On May 21, we are planning a Riverboat ride and luncheon that evening. This should be a really good time, and don’t forget to bring your sea-sick medicine. A theater party is planned for June 1 at the State Theater. Again details will follow.

Join this worthwhile organization for only $36 a year. Place your check, made out to ORT America, Attn: Marsha Sklar, put it in an envelope addressed to ORT to be placed in the ORT envelope. Remember do not mail it to National.

In the last month we joined other Concordia organizations to help the needy people in the Philippines by donating our time to collect funds going to the Philippine Relief Fund. ORT was happy to help out.

New design, beautiful tribute cards for all occasions are available. Call Bernice Molin at 860-2520 for further instructions.

ORT is one of the world’s largest global non-governmental education organizations and works in 54 countries to educate and train more than 300,000 students daily, giving them the foundation for successful careers in the 21st century.

With a legacy 133 years strong, ORT adapts to the competitive needs of global communities.

Gloria Hamby

(Continued from page 1)

By Anne Getter

In 1980, she applied for political asylum in America. Back in Afghanistan, she was not eager to get passes to leave the country. In order to get to the president, who could grant the leave, she wore dark glasses, covered her head with a scarf and was searched by Afghan commandos. She had started to cross the street when she stumbled and almost fell off the curb, with a car coming. Carl grabbed her, which was a good way for him to start talking to her. They dated for one year, fell in love and married in November, 2009. Five years ago they came to Concordia. They are very happy here, and state that they have high regard for their friends and belong to the Christian Fellowship. They feel that the security here is fantastic, the maintenance people very helpful and pleasant.

Gloria is very happy to have found love with a wonderful husband and very grateful that her children and grandchildren are able to have the opportunities that this country offers. Her brother, Abdullah Akbar, a former CIA agent, is the author of a book "The Jewel Carriers." The story may be made into a movie.
The Sporting Life

Bowling

Women’s High Game and High Series Concordia Seniors

Monday Morning
Week of November 4: High Game - Rebecca Kaplan 136; High Series - Carolyn Gottlieb 363
Week of November 11: High Game - Sharon Falco-witz 137; High Series - Adele Kelsey and Carolyn Gottlieb 376
Week of November 18: High Game - Doris Besman 145; High Series - Doris Bes-man 400
Week of November 25: High Game - Rebecca Kap-lan 150; High Series - Caro-lyn Gottlieb 408

Concordia Nite Owls

Thursday Night
Week of November 7: High Game - Arlene Gallene 161; High Series - Arlene Gallene 430
Week of November 14: High Game - Barbara Price 178; High Series - Barbara Price 448
Week of November 21: High Game - Barbara Price 161; High Series - Barbara Price 502

Men’s High Game And High Series Concordia Seniors

Monday Morning
Week of November 4: High Game - Bob Lombardi 185; High Series - Harold Barr 482
Week of November 11: High Game - Bob Lombardi 223; High Series - Bob Lombardi 548
Week of November 18: High Game - Nat Small 162; High Series - Bob Lombardi 436
Week of November 25: High Game - Bob Lombardi 175; High Series - Bob Lombardi 497

Monroe Senior Bowling

Thursday Morning
Week of November 7: High Game - Ernie Price and Ewald Zimmerman 190; High Series - Ewald Zimmerman 561
Week of November 14: High Game - Ewald Zimmer-man 186; High Series - Ernie Price 494
Week of November 21: High Game - Ernie Price 196; High Series - Ernie Price 532

Practice Makes Perfect?

Some of Concordia’s Basketball Team are practicing for next year’s Senior Olympics. From left Ernie Price, Dennis Joyce, Manny Silverman and Carmine Russo.

Photo by Mort Perlman

Concordia Nite Owls

Thursday Night
Week of November 7: High Game - Stu Geller 236; High Series - Allen To-karz 575
Week of November 14: High Game - Stu Geller 203; High Series - Irving Wilcox 522
Week of November 21: High Game - Irving Wilcox 209; High Series - Irving Wilcox 525

Shopping

By Frances Greenblatt

I don’t enjoy shopping, but I do love to find a bargain. That’s why I shop for clothing and other things. I really don’t need when there are sales. Not just any old sales, but the ones that advertise 75 percent off plus another 15 percent with the coupon cut out of the newspapers. I buy my winter clothes in Florida, and my summer clothes in NJ, as I am in Florida during the winter months when all the sales are on, and here during the summer when the summer clear-ances are held.

My friends and I shop ag-gressively when in Florida. I buy clothes for my grand-son, (the youngest, the older ones wouldn’t be caught dead in anything grandma picks out) and take orders from my daugh-ter, who tells me what to look for. Of course the post-age to ship these eats up all my savings, but it’s the thrill of the hunt that mat-ters. Some things available in Florida cannot be found here. My shoes are an ex-ample. I have never been able to find another pair like them.

One outlet in Florida has clearance sales with col-ored dots on the items — find a dot, save a lot is the motto. I once bought a shirt for my grandson. By the time the discounts were taken, it cost all of 25 cents! Now that’s what I call a bargain!

Sand Script

By Yvette Lederman

I wish I had lived in a time when you could be territorial, and stake out your claim to land. I’d pick a few miles of beach. I’m seduced by the rhythmic sounds of the surf, and the hawking and fluttering of the gulls, so like opiates to a tired mind.

The sea is not innocent. It has its bag of tricks: broken shells, cobra-like seaweed that encircle your arms and legs, wood from a broken hull. The waves are unpredictable: one moment sliding gently over your shoulders, the next send-ing you sprawling with their intensity, and oh the terror of the deadly undertow that can lure you out to sea in seconds.

The sun slips into the ocean at dusk and the waters be-come dark, and steeped in mystery while waiting for the moon to light a shimmering path that only fools and heart-broken lovers would follow.

The beaches are at their best after the summer season. Stretches of sand lie quietly waiting to be stirred by the wind (Continued on page 26)

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By Yvette Lederman

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By Barbara Goodman

On the night of the full moon Jason had a purpose. The cemetery was dark except for the strange shadows cast by the bright moon's light. Jason was frightened. He was not supposed to be there. He had snuck out his bedroom window two flights high and scurried through the town. The cemetery gate was locked but he climbed over the wall surrounding this area.

Now he had to find the spot to meet and greet those who would fulfill his purpose. In his heart he knew this had to be done. It was not legal to be here in the dark of night but on this special date with full moon night.

There it is! The spot...the very spot. And there they were.

He went over there. Jason got down on his knees. He read the inscription. Yes, oh yes, it was Mom and Dad - His mother and father. Both had been killed in a car accident just one year ago on a full moon night. He had promised them by his siren's wail that he would never forget them and would be at their grave site forever and ever on full moon night.

Then Jason looked up and knew they were also actually by his side as he looked into the graves. Both Mom and Dad lovingly brushed his head. Jason knew him gently by the light of the full moon and indicated that they would look after him, love him always and never forget. He appeared and greeted him on the special nights of the full moon where they gathered.

Note*

On the night of the full moon the mist is illuminated to moonlight. The ghost of Jason has appeared but has not been seen before. He will appear on the nights of the full moon. If you see him, do not be afraid. Let him know that you care and he will appear.
Love! Valour! Compassion!” Comes to MCCC’s Kelsey Theatre January 10-19

Set against an idyllic lakeside, “The second drama of the real world is never far from view as eight friends gather over three summer weekends to rekindle their ‘Love! Valour! Compassion!’” Presented by Penn’s Wood Productions, this Tony-nominated play by Terrence McNally is performed at the home of Gregory, an aging Broadway choreographer and his twenty-year-old lover, Bobby. Their guests include Arthur; Bill King of Interlaken as Perry;览un Baskin of Manalapan as Bobby; Chris Arena of Ewing as Bobby; Matt Luppino. Tickets are $18 for adults, $16 seniors, and $14 for students and children. Tickets are available online at www.kelseytheatre.net or by calling the Kelsey Theatre Box Office at 609-570-3333. Kelsey Theatre is wheelchair accessible, with free parking available next to the theater.

New Jersey Symphony Orchestra Presents Beethoven’s Seventh and Eighth Symphonies

• Thursday, January 9, at BergenPAC in Englewood, Saturday, January 11, at Count Basie Theatre in Red Bank, Sunday, January 12, at State Theatre in New Brunswick

The New Jersey Symphony Orchestra and Music Director Jacques Lacombe present Beethoven’s Seventh and Eighth Symphonies on a program that features the U.S. premiere of André Previn’s Concerto for Cello and Violin as part of its multi-artist project, which celebrates the music of composers who were born in New Jersey or whose artistic identity has been formed in the state. The show’s choreographer, also a New Jersey native, will stage the New Jersey Symphony Orchestra and Music Director Jacques Lacombe, in a world premiere of the MCCC Theatre/Dance Program’s “Love! Valour! Compassion!” Comes to MCCC’s Kelsey Theatre January 10-19

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Happy New Year!

Tickets are $18 for adults, $16 seniors, and $14 for students and children. Tickets are available online at www.njsymphony.org or by phone at 1-800-889-0103 (1-800-889-0103).

The PROGRAM

Beethoven’s 7th & 8th Symphonies

Thursday, January 9, at 7:30 pm | bergenPAC in Englewood +
Saturday, January 11, at 8 pm | Count Basie Theatre in Red Bank +
Saturday, January 12, at 3 pm | State Theatre in New Brunswick +

Jacques Lacombe, conductor
Daniel Müller-Schott, cello
Brennan Sweet, violin
Robert Ingliss, oboe
New Jersey Symphony Orchestra

BEETHOVEN Symphonies

(Continued on page 22)
New Jersey Symphony Orchestra

(Continued from page 21)
No. 8
PREVIN Concerto for Cello and Orchestra (U.S. Premiere)
CONE Cello Concerto for Cello and Violin (New Jersey Roots Project)
B. HAYDN Symphony No. 7
+ Classical Conversation begins one hour prior to the performance (free to ticket-holders).

The Horizon Foundation for New Jersey is concert sponsor of the January 11 performance.

The ARTISTS
Jacques Lacombe
conductor

Notable conductor whose artistic integrity and rapport with orchestras have propelled him to international stature, Jacques Lacombe has been Music Director of the New Jersey Symphony Orchestra since 2010 and Orchestra Conducta of the Orchestre Symphonique de Trois-Rivières since 2006. He was previously Principal Guest Conductor of the Orchestre Symphonique de Montréal and Music Director of the Orchestra and opera with the Philharmonie de Lorraine.

Lacombe has garnered critical praise for his creativity and programming of the NJSO. The Orchestra’s acclaimed “Music in the Winter” Festival has featured innovative programs, including a realization of Scriabin’s “color organ.” He created the New Jersey Roots Project, presenting music by New Jersey composers. The New York Times wrote, “It was an honor to be in the hall for Lacombe and the NJSO’s performance at the 2012 Spring for Music Festival at Carnegie Hall.”

This season, Lacombe’s NJSO highlights include the world premiere of the NJSO commission by Gary Allen and a new work by Lowell Liebermann and the U.S. premiere of Tan Dun’s Earth Concerto. He conducts the Montréal, Quebec, and Columbus Symphony Orchestras, returns to the Opéra de Monte-Carlo for La Favorite with tenor Juan Diego Florez and leads Chausson’s Le roi Arthus in Strasbourg.

He has appeared with the Cincinnati, Toronto, Vancouver and New Zealand Symphony Orchestras and National Arts Centre Orchestra of Ottawa. He is a frequent guest conductor in France, Spain and Australia and has led tours and recordings with the National Youth Orchestra of Canada.

Opera highlights include all-star productions of La bohème and Tosca with the Royal Opera House Covent Garden, numerous productions with the Deutsche Oper Berlin and engagements with the Metropolitan Opera and opera houses in Paris, Munich, and Turin. He has recorded for the CPO and Analekta labels. He has recorded Orff’s Carmina Burana and Janáček’s Suite from The Cunning Little Vixen for NJSO's Analekta labels; he has re-recorded for the CPO and Marseille and Turin. He has engagements with the Metropolitan Opera and orchestras of Berlin and has served as coach for three seasons as Acting Concertmaster of the Colorado Music Festival in Boulder. He joined the NBC Universal in 2007 as Concertmaster and subsequently led the Orchestra for three seasons as Acting Concertmaster of the Orchestre Métropolitain de Montréal. Daniel Müller-Schott (Taiwan); Orchestre de Paris; Symphony Orchestra of the South Dakota Symphony Orchestra; and the Concertgebouw Orchestra and BUDAPEST Festival Orchestra.

He has appeared worldwide with the Hamburg, London, Los Angeles, Netherland, Oslo, Royal Liverpool and Seoul Philharmonics; Boston Symphony Orchestra; Deutsche Symphonie-Orchester Berlin; National Symphony Orchestra (Taiwan); Orchestre de Paris; Orchestre National de France and Ibsen Symphoniker; and many regional orchestras and chamber ensembles.

With trombonist, pianist, and a new work by Lowell Liebermann, he is also deeply involved in community work. André Previn and Peter Ruzicka have both dedicated cellos to concertos to him.

This season, following his sensational debut with the Cleveland Orchestra at the Blossom Festival, Müller-Schott returns to the New York, Dresden and Munich Philharmonics; Boston Symphony Orchestra; Deutsche Symphonie-Orchester Berlin, and gives a recital tour with pianist Simon Trpceski.

In addition to his highly acclaimed debut with the BBC Symphony at the London Proms, Schott has appeared worldwide with the Hamburg, London, Los Angeles, Netherland, Oslo, Royal Liverpool and Seoul Philharmonics; Boston Symphony Orchestra; Deutsche Symphonie-Orchester Berlin; National Symphony Orchestra (Taiwan); Orchestre de Paris; Orchestre National de France and Ibsen Symphoniker; and many regional orchestras and chamber ensembles.

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Poetry Corner

A Celebration of My Friend Tobi
By Lynne Anderson
She’s the funniest, funniest person I know. Roller-tquelle into a ball and kicks them down the road. Velvety, warm, gentle hugs that comfort and soothe. Laughter that dances in the air —- infecting all in her realm. A twinkle, a jar of gold —- one rare and precious light Whose core is as pure as a new born.

Reaching out despite her own afflictions to comfort and heal —- to spout and praise. Falls down —- gets up —- falls down again —- rises higher. Defies the negative powers their demands. An offering —-

Her package at the ready: Unique comic persona Tightly wrapped around eternal spirit Boldly declares, “Come with me. We’ll beat back the S.O.B.’s.” And we will follow her anywhere… (This poem was written prior to Tobi passing on.)

Gaia Trees
By Leland Jamesson
You keep each Winter Solstice with a tree.

One three-to-four feet high makes you feel rich you dig down deep, germinating its root ball free beneath green bought which brush your face with polarity. Bathed in its fragrance, tucking in stray roots, you put it, slowly watering it well. What better proof there are no substitutes for living trees? Just draw a breath, and smell! The solstice past, you plant —- in frozen ground you’ve earlier dug a hole in, as was wise… Come spring, when you find bright green growth has crowned your tree, a grin sweeps up and lights your eyes.

In memory of E.K.P.H. For C.E.K.H. —- whose 24 out of 30 trees are thriving.

to challenge life
By Charles J. Petrretti
something to do everyday little thought as we breathe silent the beat of exotic rhythm so rich they be those red streams our humble white knight aware wonder we cover to protect each alop is the conductor to monitor all about what is now to well welcome to all those who are “I” sometimes selfish, yes, I may be yet for life know I am most grateful wonders all cherished, joined are we thank you, brain, body, soul,…my all

Monroe Township Library Events

Sit-N-Stitch
10:30 a.m., Fridays, January 3, 17. Needleworkers of all types and skill levels are invited to come and informal gathering to stitch together, assist others and share tips, projects and patterns. Please bring your own supplies. Light refreshments will be served. Registration is not required.

Coupon Club
1:30 p.m., Monday, January 13. Spend time with fellow couponers trading unwanted coupons in exchange for those you need. Discuss deals, share frugal tips and shopping experiences. Bring a pair of scissors and your stash of clipped coupons. Program is free and registration is not required.

POV Winter Film & Discussion: American Promise
1 p.m., Tuesday, January 7. View independent documentary films before their national television broadcast. Award-winning documentary spanning 13 years, American Promise addresses the education gap among African American males. Film directed by Joe Brewster and Michele Stephenson. This film airs locally on PBS on February 3, 2014. This event is a collaboration with the award-winning documentary series P.O.V. (www.pbs.org/pov). Registration is not required.

Open Mic Night
6 p.m., Tuesday, January 8. All ages are invited to share their talents in a friendly environment. Register through email to trouseau@monroetwplibrary.org or call (732) 521-5000 x123.

Great Decisions Discussion Forum
10:30 a.m. Monday, January 13. The topic of Threat Assessment: Defending the U.S. on a Budget will be discussed. How can the United States address the challenges of a weak economy, homegrown terrorism and nuclear proliferation? What threats and opportunities are presented by the ascendancy of China and by regime change in the Middle East? Sign up and reserve background information at the Welcome Desk.

Create It with Theresa: Vegan Cooking
1:30 p.m., Monday, January 13. Relax and chat with friends while creating a vegan meal with Monica and Theresa. Register at Reference or through the Library’s Website.

Library Board Meeting
6:30 p.m., Monday, January 13.

GERD: The Burning Question
Presented by Dr. Anish Sheth at 11 a.m., Tuesday, January 14. Approximately 60 million Americans experience heartburn and acid reflux at least once a month. Learn about causes of gas troesophageal reflux disease (GERD), treatment options, and Barrett’s esophagus, a complication of chronic acid reflux that can lead to esophageal cancer. Anish Sheth, MD, is board certified in gastroenterology and a member of the Medical Staff of Princeton Healthcare System. This program is sponsored by Princeton Healthcare System Community Education and Outreach. Register at the Welcome Desk.

Tradition!
Fiddler on the Roof and Other Jewish Jaunts on the Broadway Stage, presented by pianist Dave Schlossberg at 2 p.m., Friday, January 17. Join us for an afternoon of live music. Free tickets are available at the Welcome Desk.

International Book Club
10:30 a.m., Tuesday, January 21. A discussion about The Attack by Algerian author Yasmina Khadra. Sign up and reserve your copy at the Welcome Desk.

Princeton Symphony Orchestra Chamber Series: Momenta in Motion
1 p.m., Monday, January 27. Enjoy an afternoon of music featuring works by Fernandez, Debussy, and Victoria performed by top-tier musicians. The PSO Chamber Series offers sophisticated classical music in an intimate setting. This event is offered in collaboration with the Monroe Township Cultural Arts Commission. Free tickets will be available at the Welcome Desk beginning Monday, January 13.

Friends Meeting
7 p.m., Tuesday, January 28

George Ivors Display Case Creations from Studio M & Rotunda Art Gallery

“Wings Aren’t Just for Flying,” an exhibit of wildlife photography by Piedad Bemilok, Esq. on display through January 11.

Library Closings:
• Wednesday, January 1
• Monday, January 20

All events are open to the public.
It is necessary to register, in advance, for all featured programs and activities.

Individuals, who are 55 years of age and older, who reside in Monroe Township, and who are registered members of the Office, are eligible to attend Center programs and activities in our new home on the corner of Halsey Reed and Applegarth Road. For more information, please call: 609-448-7140.

Membership Has Its Privileges
To register for programs, you must be a member of the Office of Senior Services. Interested individuals need to fill out an application, available at the front desk; and, new members can stop-by the Senior Center to obtain their key card after processing.

Registering in advance for programs and calling in for day trips is a must. For Senior Center activities, members can call up to 48 hours in advance between the hours of 9 and 11:30 a.m. the morning of a program -- to see if there is space available at that time to register, at 609-448-7140.

For more information, visit the Senior Center to speak with a staff member or pick up a program policy brochure in the office at 12 Halsey Reed Road on the corner of Applegarth Road.

Brain Games Series
On Thursdays, January 2 and 9, at 1:30 p.m., we continue with the Brain Games challenge to test your focus and attention abilities during this DVD presentation from National Geographic. Find out how our brains create the illusion of seamlessness reality. Please register in advance.

Zen Tangle Demo
On Friday, January 3, at 1:30 p.m., find out how doodling becomes fine art, with Debra Waldman, during this free demo. This wildly popular art form combines thoughtful line-making with easy to use pen and ink. Discover the Zen-like tranquility derived from this creative activity.

Intermediate Canasta
Starting on Monday, January 6, from 1:30 to 3:30 p.m., Shirley returns to instruct students from her beginners’ class to guide them towards an intermediate level of playing during this 8-session program. Students will pay the course fee of $10, when registering in-person. Before stopping by, please call the Office to check on availability.

Drivers Safety
On Tuesday, January 7, at 8:45 a.m., the AARP-sponsored driver’s safety program will meet in the Senior Center. Please contact Rosanna for more information.

Matter of Balance
On Thursdays and Fridays, starting on January 9, from 9:30 a.m. to 11:30 a.m., learn practical coping strategies to reduce your risk and fear of falling. Presented by Princeton Healthcare System and guided by trained facilitators, participants will engage in various activities to set goals, improve balance and flexibility, as well as to alter surroundings to reduce the risk of falls. (Class limited to 12.)

Intermediate Bridge
Starting on Monday, January 9, from 1 to 3:30 p.m., intermediate players will focus on bidding, recent conventions, and how to use them effectively with a partner. Prerequisite: knowledge of the game and ability to play at an intermediate level. Course fee: $36, due upon registering in-person. Class limited to 20 students.

Zumba Gold
Starting on Friday, January 10, at 9 a.m., join Fran for some Latin-influenced exercise for getting your hips moving during this 8-session class (January 10, 17, 24, March 7, 14, 21, 28, March 7). Course fee: $20, due upon registering in-person. Space limited.

Hearing Health & Screening
On Friday, January 10, from 1 to 3 p.m., Total Hearing Care will provide hearing screenings from 1 to 1:30 p.m., and then after the lecture. The lecture starts at 1:30 p.m., with Elizabeth Corana, Educational Program Director, discussing hearing loss, its social impact, and the evolution of hearing devices. Please register for the lecture and ask to be placed on the screening sign-up sheet.

Amici Forever
On Monday, January 13, at 1:30 p.m., enjoy a DVD musical performance by the operatic band, Amici Forever. The group of five produce a music of harmonies and the classics in a fresh light.

Bodies in Motion: New Format for the New Year!
Starting on Monday, January 13, enjoy the benefits of weight-resistance training twice a week! Join Robin on Mondays at 9 a.m. and Fridays at 10 a.m. for 20-minute, resistance training sessions. Register on call-in day: January 3 at 9 a.m. Course fee: $30, due upon receiving class confirmation.

Vitamin D and Calcium
On Thursday, January 16, at 1:30 p.m., Lori Morelli, Senior Manager of Center Healthy Aging at Parker, provides an informative discussion on the effects of Vitamin D and Calcium in your diet. Learn about the risk factors that inhibit absorption and foods that provide the most benefit.

Celebrate 2014 Luncheon
On Friday, January 17, from 12:30 to 3 p.m., ringing in the New Year during this special luncheon celebration. Music, dancing, and good eats are on the menu! Choice of: Veggie Wrap, Turkey BLT, or Chef Salad, with drink and dessert. Catered by Hogback Deli. Entertainment & Music provided by Jerry Castaldo. Tickets: $10 p.p.—due upon registering in-person, in advance.

Office Closed
Mon., January 20, in observance of Martin Luther King, Jr. Day.

Why a Simple Will Is Not Enough
On Tuesday, January 21, at 1:30 p.m., Victor J. Medina, managing partner of Medina Law Group, discusses the many misconceptions. (Continued on page 26)
and socializing as two good ways to live a longer, happier life. Any ideas or questions call Ray 665-9517.

WORLD AFFAIRS-PM World Affairs PM meets at 7:30pm once a month to discuss current events. Questions call Seymour Fogel 655-5897 and winter months call Irwin Bialer 395-9551.

FOR YOUR INFORMATION NEW PHOTO I.D. CARDS ID cards may be obtained by appointment only between 1:30-4:30pm. Please bring proof of age and identification (a utility bill, phone bill, etc.).

AUTHORIZATION VISITORS Applications will be taken 1st & 3rd Wednesday of the month. It is important that you read the rules and requirements. A permanent authorized visitor pass can be purchased for $15. 9:30-12:30pm. A permanent authorized visitor passes by appointment only between 1:30-4:30pm. The resident must supply a small stamp size picture of the address and phone number of the guest. Five passes per unit are allowed.

COMCAST NUMBER 1-858-235-5585.

INDOOR POOL The indoor pool will be closed on the 1st & 3rd Monday of each month for routine maintenance. The indoor pool rules are now in effect.

BOOK MOBILE IN CONCORDIA Members of the Monroe Township public library book mobile will be in Concordia every Wednesday, at the Regency Room from 10am-11am, January 8, 22.

SENSOR DOOR HOURS Front & back door security to the Clubhouse will be monitored Monday-Saturday 8:11pm, Sunday 8-11pm.

RECYCLING SCHEDULE EVERY WEDNESDAY will be PICK UP Tuesday, January 1st. Commenced January 1st — Newspaper Banking 655-1555. Please pick it up between 10:00am on Sunday, January 12.

My plan is to talk about any and all subjects interesting to women. You can feel free to suggest a topic at any time for consideration. We will pick the topic that is the most Vibrant, interesting, monthly activity and ask that if you are interested in joining us, just show up on Sunday, January 12 in the meeting room for stimulating conversation.

WORLD AFFAIRS-AM ARE YOU AROUND THE WORLD IN 90 MINUTES? Join us in the Party Room. Door is 10:15am. Enjoy sparkling, thought-provoking discussions in a friendly environment. Remember, 9 out of 10 doctors prescribe mental stimulation and a head / brake lights invites a crash. Make certain windshield wipers and defrosters work well and use no-freeze windshield washer fluid.

Skidding on a Slick Surface? Don’t panic. Be calm. To regain control, take your foot off the brakes OR smoothly tap your foot off the accelerator. Steer into the position you were traveling to regain traction. Then, begin to accelerate slowly.

With anticlock brakes (ABS), keep the pedal depressed and do not press the brakes—this type of braking system performs that function automatically.

Without ABS, the correct procedure is to apply the brakes firmly. If the car begins to slide, release the brake pedal until the tires are no longer skidding and proper braking turns.

SUV & 4-wheel Drive Overconfidence These vehicles are great for all-terrain driving, avoiding getting stuck, but once they are mowing, they have difficulty keeping control and slowing down.
New Telephone Robo Call Community System

Concordia has a new Robo Call System that will allow Management to call every resident in the community, within five minutes of activating the system, with emergency information or any information of importance. This Robo Call System will work much like a reverse 911, similar to the system the Township currently uses in emergency situations.

If your telephone number has changed, please notify the Management Office so that you will not miss out on important information. In addition, the call system provides for the same message to be sent to your email address. Please notify the Management Office if your email address is not on record or has changed.

ceptions about basic estate planning ideas. His talk will include the myths about estate planning and enables you to intelligently make your end-of-life plans.

New: Alzheimer's Support Group

On the fourth Wednesday of every month at 2 p.m., Stacy Gibson, from Brookdale Monmouth, will provide a new group for caregivers and others education, guidance and support.

Afternoon Movies

On select days this month, enjoy the following presentations: The Hen on Thursday, January 23, at 1 p.m. (Starring Sandra Bullock, the angel, Meryl Streep, and the Manhattan Sinfonietta). If you are of contemporary music, you have premiered works by Babbitt, Carter, Dalalvaz and many others. But now, it is also true that a host of new, young, and independent composers are creating music that is exciting and challenging. The New Jersey Symphony Orchestra.

New Jersey Symphony Orchestra

Named a vital, artistically significant musical organization” by The Wall Street Journal, the New Jersey Symphony Orchestra is the resident orchestra of the New Jersey Performing Arts Center in Newark and regularly performs at the State Theatre in New Brunswick, Count Basie Theatre and the Richardson Auditorium in Princeton. Mayoral Performing Arts Center in Montclair and bergenPAC in Englewood. Partnerships with New Jersey arts organizations.

In addition to its lauded artistic programming, the NJSO presents a suite of education and community engagement programs that promote meaningful, lifetime engagement with live music. Programs include the three-ensemble Greater Newark Youth Orchestras, school-time Concerts for Young People, ight and lives of our animal friends. The New Jersey Symphony Orchestra.

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A HOME IMPROVEMENT & SERVICES


Miscellaneous/ Services

Home Improvement & Services
Walkers 9:00-10:00 Free Movie 2:00

WCC Ch. 3 10am-10:00pm Every day.